FAILURE TO CLEAR

Many patients with Parkinson's disease carry gene variants that lie at the root of problems with cellular waste-clearing processes, mediated by the lysosome. One of the proteins that must be cleared from cells is α -synuclein—the protein that scientists have long-fingered as a prime pathogenic suspect in Parkinson's. When α -synuclein isn't cleared from neurons, it can become misfolded and clump together in Lewy bodies that prevent these cells from functioning and ultimately cause them to die, leading to telltale symptoms of the disease. But α -synuclein is not the only material accumulating in the neuron when the lysosomes aren't functioning properly; Lewy bodies are composed of a mix of cellular material.

Further evidence that Parkinson's disease might be driven by problems with cellular waste-clearing processes comes from genes that are related to mitochondrial dysfunction. Certain gene variants related to Parkinson's can cause the mitochondria to form reactive oxygen species and other compounds that can damage the lysosome, leading to problems with waste removal.

